

Maine Township MaineStreamers

MAY 2016

847-297-2510



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Maine Township
1700 Ballard RD.
Park Ridge, IL 60068
847-297-2510
www.mainetownship.com



Mission Statement

To enhance the quality of life for residents 55 years of age and older by providing a broad array of educational programs and recreational activities that encourage socialization, learning and promote independence, self esteem and dignity.

Greeting from Mary!

This month is Older Americans Month where we celebrate and acknowledge the contributions each of you have made to make this a better world. This month we celebrate by hosting our 14th Annual 90 Plus Birthday Party. At this time we have sent out over 200 invitations to Maine Township residents who have achieved this landmark. Seeing each of these special individuals arrive at this event with their friends and family members is wonderful. They are full of enthusiasm and more importantly, they are grateful to be there. This is what society needs more of...these wonderful people who appreciate all that has been given to them!

Mary Swanson, Director



AN ENCHANTING GARDEN EXPERIENCE

With A BOOK REVIEW

BY BARBARA RINELLA

Mykonos 8660 W. Golf Rd. Niles

Friday, May 20- 12:00 noon to 2:30 P.M.

\$30.00member/ \$32.00 guest includes lunch

Enjoy an enchanting Garden Experience as we start with a wonderful setting and lunch. Then enjoy a book Review by the one and only Barbara Rinella as she highlights Paula McLain's "Circling the Sun". A fascinating portrait of the first woman to fly solo East to West across the Atlantic Ocean. Barbara cannot wait to celebrate this wonderful historical fiction novel and bring Beryl Markham to life!

Menu

Avgolemono – Egg Lemon Soup

Greek Salad with Grilled Chicken

"Surprise" Dessert

Beverage – Ice Tea and Coffee

MOTHER'S DAY LUNCHEON

Wednesday, May 4

Chateau Ritz, 9100 Milwaukee, Niles

Doors Open: 11:00 a.m.

Lunch Served: 12:00 noon

Cost: \$18.00 members/ \$19.00 guests + \$2.00 Fish



Let's celebrate Mothers' Day! We have some fantastic entertainment for you following your delicious 3 course luncheon. Enjoy the Mariachi Monumental De Mexico band which is one of the premier bands in the Chicagoland area. All ladies will also receive a gift in celebration of their day! Bingo will follow! Blood Pressure Screenings offered by Presence Healthcare.

Menu

Fresh Tossed Salad

Baked Ham or Tilapia (Fish Choice)

Sweet Potatoes

Vegetable

Peach Melba Ice Cream

Rolls and Butter

Beverage(Coffee or Tea)

Luncheon Sponsored by



Reservations/Cancellation by Wed., April 27th.

Our next Luncheon is at Chateau Ritz on Tuesday, June 7th.

EXCITING DAY TRIPS FOR MAY!

Day Trip Information

Rate 1-“Easy” means usually one stop, some walking and minimal stairs.

Rate 2-“Somewhat Difficult” means that there are at least two stops and sometimes stairs.

Rate 3-“Difficult” means that there are at least two stops and sometimes stairs and moderate to heavy walking.

Cancellation Policy

When canceling please keep in mind that we need to be able to resell your ticket first. If we are able to resell, a \$3.00 cancellation fee will be charged per ticket. If the ticket is not resold, there will be no refund.

Guest Policy

If the trip indicates that guests are allowed the policy is one per paid member.

Special Requests

Please limit your request to sit with one person only and indicate this on your registration form. Also, if you need any special assistance, such as wheelchair access, special menu etc...indicate this on the Registration Form. Please enclose a self-addressed stamped envelope for each day trip!

PLEASE NOTE: DEPARTURE POINT - SABEEL CENTER, 8800 Ballard Rd., Park Ridge

ROCKIN AT THE FIRESIDE

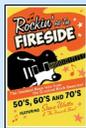
Fireside Theatre, Ft. Atkinson, WI

Thursday, June 2

8:30 a.m. to 6:30 p.m.

Trip Rate 1

\$96.00 members/ \$101.00 guests



You're invited to The Fireside's greatest rock and roll party of all time! Continuing their wildly popular 11 year tradition they present a brand new live band show featuring the greatest rock hits from the greatest rock decades – the 50's, 60's and 70's! All of your favorite artists performed by our talented cast of singers and dancers with The Fireside's Live band led by audience favorite Steve Watts!

Menu

Signature Salad

Signature Lean Pork Back Ribs

Southern Fried Baked Chicken Breast

Baked Idaho Potato stuffed with Steamed Broccoli and Cheese Sauce

Baked Cream Sweet Corn

Cole Slaw

Georgia Pecan Pie

Coffee, Tea and Milk

My Fair Lady

Jameson Charhouse, Skokie and Cahn Auditorium, Evanston

Wednesday, June 8

10:45 a.m. to 5:45 p.m.

Trip Rate 2

\$91.00 members/ \$96.00 guests



Feisty Eliza Doolittle turns the professor's life upside down in the joyous and witty battle of the sexes - one of the Broadway's most dazzling and beloved musicals. From the celebrated score: "I Could Have Danced all Night", "I've Grown Accustomed To Her Face," "On The Street Where You Live" and more... along with a 28 piece Orchestra.

Menu

House Salad

Entrée Choice (ahead of time):

Chicken Picante with Rice

Broiled Tilapia with Wild Rice

London Broil with Potatoes

Vegetables

Dessert

Beverage

DEATH TRAP

Drury Lane, Oak Brook

Wednesday, June 15

10:45 a.m. to 5:00 p.m.

Trip Rate 1

\$75.00 members/ \$80.00 guests



.A hugely popular stage and screen mystery, "Deathtrap" offers skillful blending of two priceless theatrical ingredients: gasp-inducing thrills and spontaneous laughter. Unknown dramatist Clifford Anderson has sent his new thriller to award-winning Broadway author Sidney for comment--or has he? Without a success to his credit for some years, Sidney plots with his reluctant wife Myra how to plagiarize 'Deathtrap.' When Clifford turns up to discuss the play with the 'Master', events take a sinister turn.

Menu

Dinner Rolls

Spinach Mandarin Salad

Entrée Choice (ahead of time):

Grilled Boneless Pork Chop

Pecan Crusted Tilapia

Potato and Vegetable

Dessert

Beverage

WHITE SOX GAME

Cellular Field, Chicago

Thursday, June 30 - 10:30 a.m. to 6:00 p.m. - Trip Rate 3

\$70.00 members/\$75.00 guests



We're off to cheer on our White Sox as they challenge the Minnesota twins at beautiful Cellular Field. Prior to the game you will enjoy an all-you-can-eat buffet including unlimited soft drinks, Beer and Wine. You will also have some fun playing Bingo with the chance to win some prizes. Then let's cheer on our White Sox- in Reserved Terrace Seating!

All you can eat Menu

Cajun and Fried Chicken

Hot Dogs

Hamburger

Cole Slaw

Potato Salad

Macaroni Salad

Baked Beans

Unlimited Soda,

Wine and Beer

UPCOMING TRIPS

UPCOMING JULY DAY TRIPS

Architectural Boat Ride
Boat Ride and Riva's, Navy Pier, Chicago
Thursday, July 7 - 8:15 a.m. to 5:00 p.m.

Trip Rate 3
\$97.00 members/\$102.00 guests

Company

DiPescara, Northbrook and
Nichols Theatre, Glencoe
Wednesday, July 13 - 11:30 a.m. to 5:45 p.m.

Trip Rate 2
\$105.00 members/\$110.00 guests

Singin In The Rain

Fireside Theatre, Ft. Atkinson, Wisconsin
Thursday, July 21 - 8 :30 a.m. to 6:30 p.m.

Trip Rate 1
\$96.00 members/\$101.00 guests

Chicago Cubs vs.. Milwaukee Brewers
Miller Park, Milwaukee
Sunday, July 24 - 10:30 a.m. to 6:00 p.m.

Trip Rate 3

EXTENDED TRIPS

Lake Michigan Summer Harvest
August 2 - 4, 3 days

Autumn in Pennsylvania
October 16 - 23, 8 Days

Sedona and the Grand Canyon
October 24 - 28, 5 Days

Brown County, Indiana
& the Covered Bridges of
Parke County
October 17 to 19, 3 Days

Trips
offered by

American
Classic
Tours



Smokey Mountain Christmas
November 7 to 12, 6 Days

Branson
November 10 to 14, 5 Days

For a trip flyer contact the MaineStreamer Staff
at 847-297-2510.

MEMORIAM



Eleanor Braun
Leonard Beverly

If you know of someone
who is ill or passed
away call MaineStream-
ers at 847-297-2510.

Maine Township Web Site

Visit the Township
Website and learn
about services and
programs.

See photos from our
various events and
trips.

[Visit](#)

www.maintown.com



DON'T MISS TRAVEL FIESTA - Monday, May 23 - 10:00am - Registration Required

Joe Conroy, President of American Classic Tours will be here to highlight the 2016 Extended travels we are offering. Some of the trips include the ones listed above. Special discounts offered if you sign up for any trip at this event. Registration Required - Refreshments will be served.

EDUCATIONAL CLASSES

ZUMBA GOLD



Tuesdays, May 10 to June 28

1:00 p.m. to 2:00 p.m. - 8 Classes

Feldman Center, 8800 Kathy Lane, Niles

Cost: \$32.00 members/ \$37.00 guests

Instructor: Regina Mundt

Designed for seniors, Zumba Gold fuses Latin rhythms and easy to follow moves for a great fitness program in a party like atmosphere. Zumba classes are made up of simple easy-to-follow movements. Designed for beginners!

Minimum Students: 15

"AARP'S DRIVER SAFETY PROGRAM"

Mon., May 16 and Wed., May 18

9:00 a.m. to 1:00 p.m.

\$15.00 AARP members/

\$20.00 nonmembers



Make check payable to AARP- Bring to Class

Some drivers age 50-plus have never looked back since they got their first driver's license, but even the most experienced drivers can benefit from brushing up on their driving skills. This class updates your knowledge of age-related changes. Upon completion, your automobile insurance company may offer a discount.

Next Class: Mon., Aug. 29 & Wed., Aug. 31st.

SENIOR AEROBICS CLASS

Session 1: Wed., May 11 to June 29

2:00 p.m. to 3:00 p.m. - 8 classes

Session 2: Mondays, May 23 to July 25

10:30 a.m. to 11:30 a.m. - 8 classes

No Class May 30 and July 4

Feldman Center, 8800 Kathy Ln. Niles

Cost: \$32.00 members/ \$37.00 guests

Instructor: Joann Kitching

This class will increase your strength, balance, flexibility and coordination in a sitting and/or standing position.

Min. Students: 12 Reg. Deadline: May 4 & 16th .



TAI CHI

Thursdays, May 19 to July 7

3:30 p.m. to 5:00 p.m. - 8 classes

Cost: \$40.00 members/ \$45.00 guests

Instructor: Sylvester Marshall

This class involves gentle, flowing movements in which students shift their weight and breathe deeply, cycling through a series of stances. It also teaches us how to connect with nature and one's inner self. Learn how to slow down, to relax, to let things happen naturally. It teaches us inner balance, it lowers our center of gravity, calms our over-stimulated minds, stretches out and loosens our tight muscles and give us a new perspective on life!

Maine Town Hall will
be closed

on

Monday, May 30

in

observance of

Memorial Day!

BUTTON REMINDER!

Please wear your Official MaineStreamer Button at all programs, classes and especially on Day Trips. This is helpful to identify you as a participant and also it gives us the opportunity to get know who you are! If you do not have a badge please stop by the Town Hall during regular business hours and we will make one for you!



MORE EDUCATIONAL CLASSES

COMPUTER WORKSHOP

Monday, May 23
2:00 p.m. to 3:30 p.m.
\$10.00 members/ \$15.00 guests
Registration Required
Instructor: Lee Huber

Email/backing up your files/pictures/video. Backing up your data could be the single most important computer task you perform. Attend this workshop to learn about the various ways to make sure you are covered. Next, it's spring clean-up time, so let's clean up your email inbox. Learn what to do with Spam, attachments, phishing schemes, and other issues around email."

Only the instructor has a computer!



YOGA CLASSES

Mondays, May 23 to July 25
(No class May 30 and July 4)
7:00 p.m. to 8:30 p.m.
Cost: \$48.00 for 8 classes
Instructor: Diane McDonald

This class is a relaxed-pace that integrates breath work with deliberate muscle elongation, toning, and special awareness for a greater sense-of-balance and direction, physically and energetically. The systematic relaxation, pranayama (breath-work) and meditation in this class is meant to harness the mind's attention and create the right space for self-transformation. Bring a Mat!

MUSICAL 2017

Casting Call for upcoming musical scheduled for Feb. 14, 2017. No Resumes Needed! If you would like to be part of this fun experience please contact Monika at 847 -297-2510 #252.

Let's have some fun...RECREATIONAL ACTIVITIES

A DAY AT THE RACES

Tuesday, May 3
Doors open: 12:00 noon
Game Begins: 12:30 p.m.
Cost: \$6.00



Come and join us for an afternoon of horse racing. Enjoy refreshments while competing for prizes. Each participant gets an equal amount of wagers to bet on his or her favorite horse.

Registration Required. Max. 45

BINGO

Thursday, May 5
Doors Open: 12:00 noon
Game Begins: 12:30 p.m.
Cost: \$3.00 or 3 coupons

Come and enjoy an afternoon of Bingo. Win a variety of prizes and enjoy each others company! Sweet Rolls & Coffee included.

Registration Required. Max. 45



MOVIE OF THE MONTH
Brooklyn - Rated PG13, Romance
Tuesday, May 17
Doors Open: 12:00 noon
Movie Begins: 12:30 p.m.
Cost: \$2.00 or 2 coupons
Popcorn and Soda Included

An Irish immigrant lands in 1950's Brooklyn, where she quickly falls into a romance with a local. When her past catches up to her, however, she must choose between two countries and the lives that exist within.

Registration Required. Max. 65

New Program....

9 HOLE GOLF AT TAM O'SHANTER
6700 W. HOWARD ST. NILES, IL
Friday, May 20 - Tee Times start 9:00 a.m.
\$15.00 members/ \$17.00 guest



Come join us for our first MaineStreamer Golf Outing. This fun, non-competitive outing will be a great opportunity to get back on the course with friends! Cart Rentals Extra: \$10.00 a rider payable on the day. Golf Clubs are also available for \$10.00.

SOCIAL PINOCHLE

Thursday, May 26
9:00 a.m. to 10:30 a.m.
No Charge - Registration Required

For beginner players who just enjoy playing. Come, enjoy a morning just playing for fun and brush up your skills. Keep in mind you can only sign up for one of the Pinochles!

THREE HANDED PINOCHLE TOURNAMENT

Thursday, May 26
Lunch: 11:30 a.m. Game: 12:00 p.m.
Cost: \$7.50 Members Only

Enjoy a fun afternoon of competition. Included in the price are lunch & prizes.
Reg/Cancel Deadline: Mon., May 23rd.



"HOOKED ON FISHING" OUTING
Fish Lake Beach, Volo
Friday, May 27
8:00 a.m. to 3:00 p.m.

Cost: \$16.00 members/ \$18.00 guests

Our outing at Fish Lake includes a Continental Breakfast, Bait, a BBQ Bratwurst Lunch and prizes. Boat Rental available. Transportation on own. Fishing License a must. **Registration Required.**

MEN'S BREAKFAST

Elly's Pancake House, 1624 Milwaukee Rd., Glenview
Tuesday, May 31 - 8:30 a.m.
Cost: \$12.00 members/ \$14.00 guests

All of our men are invited to enjoy a breakfast and time to socialize with their fellow peers. Order off the menu. Coffee and Tip included. **Registration Required.**

INFORMATIVE PROGRAMS

LEGAL PLANNING WITH A CHRONIC MEDICAL CONDITION
Monday, May 9 - 10:00 a.m.
Registration Required

When diagnosed with a chronic medical condition you need to prepare medically but you also need to prepare legally. This session will address important topics such as Power of Attorney, Living Trusts and Wills. What legal options are available in planning and paying for long-term care? How can Medicare, Medicaid, Long-Term Care insurance maximize a person's quality of life?



How to Read Your Property Tax Bill?
Thursday, May 12 - 2:00 p.m.
Registration Required

Tax freezes, tax appeals, real-estate tax bills, entitlements, refunds and much, much more will be discussed with Assessor Susan Moylan Krey and Deputy Assessor Liz Coy. Join them to learn about the realm of property taxes, and what you may be entitled to claim that you may not be aware of.

MAY REGISTRATION FORM

1. Complete form, sign name and detach entire registration form. If you are signing up another member, we must also have their registration form. Please do not cut up or copy registration form and do not staple or scotch tape checks, not correctly completing your form may result in a delay of your registration!
2. Mail Only (No walk-ins or phone reservations) to: Maine Township MaineStreamers (M.T.M.S.)
1700 Ballard Road
Park Ridge, IL 60068
3. Enclose a separate check and/or coupon for each event and make checks payable to M.T.M.S.
4. Please note that a confirmation letter is only sent when you are participating on a Day Trip and only sent in the envelope you provide. All other activities you register for we do not send a confirmation. You should mark your calendar and attend unless we notify you of a cancellation.

Indicate number attending each event by placing the number in the space before each event:

Recreational Activities

- ____ A Day at the Races - Monday, May 3 - \$6.00
- ____ Mother's Day Luncheon - Wednesday, May 4 - \$18.00 members/\$19.00 guests
+ \$2.00 FISH
- ____ Bingo - Thursday, May 5 - \$3.00 or 3 coupons
- ____ Movie of the Month - "Brooklyn"- Tuesday, May 17 - \$2.00 or 2 coupons
- ____ Golf Outing - Friday, May 20 - \$15.00 members/\$17.00 guests
- ____ An Enchanting Garden...Book Review Luncheon - Friday, May 20 - \$30.00 members/\$32.00 guests
- ____ Social Pinochle - Thursday, May 26 - No Charge
- ____ Three-Handed Pinochle Tournament - Thursday, May 26 - \$7.50 Members Only
- ____ "Hooked on Fishing" - *Fish Lake Beach* - Friday, May 27 - \$16.00 members/\$18.00 guests
- ____ Men's Breakfast Club - Tuesday, May 31 - \$12.00 members/\$14.00 guests

Informative Program

- ____ Legal Planning ..Chronic Medical Condition - Monday, May 9 - No Charge
- ____ Tax Program - Thursday, May 12 - No Charge

Classes

- ____ Zumba Gold - \$32.00 members/\$37.00 guests for 8 classes
- ____ Senior Aerobics- Session #1- *Wednesdays* - \$32.00 members/ \$37.00 guests
- ____ Senior Aerobics - Session #2 - *Mondays* - \$32.00 members/ \$37.00 guests
- ____ AARP'S Driver Safety Program - Monday, May 18 and Wednesday, May 20
\$15.00 AARP members/\$20.00 non-members ***Payable on the first day of class to AARP**
- ____ Tai Chi - \$40.00 members/ \$45.00 Guests for 8 classes
- ____ Computer Workshop - Monday, May 23- \$10.00 members/ \$15.00 guests
- ____ Yoga - \$48.00 members for 8 Classes

Day Trips

1. Please remember to send a self-addressed, stamped envelope for EACH trip!
2. On Day Trip(s) please seat me with (Limit 1): _____
3. Special Needs: Wheelchair Accessibility, Visual/Audio aids, etc..) Please Specify:

-
- ____ Rockin at the Fireside - Thursday, June 2 - \$96.00 members/ \$101.00 guests ☰
- ____ My Fair Lady - Wednesday, June 8 - \$91.00 members/ \$96.00 guests ☰
Choose Entrée: ____ Chicken Picante ____ Broiled Tilapia or ____ London Broil
- ____ Death Trap - Wednesday, June 15 - \$75.00 members/ \$80.00 guests ☰
Choose Entrée: ____ Grilled Boneless Pork Chop or ____ Pecan Crusted Tilapia
- ____ White Sox Game - Thursday, June 30 - \$70.00 members/ \$75.00 guests ☰

Print Your

Name: _____ Phone Number: _____

Monika Jaroszewicz, Program Coordinator
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1700 BALLARD ROAD, PARK RIDGE, IL 60068
(847) 297-2510 – FAX (847) 297-1335

MAINE TOWNSHIP



Maine Township MaineStreamers
1700 Ballard Road
Park Ridge, IL 60068

FIRST CLASS MAIL! 